



**hope**  
counselling

**Hope Counselling is a partnership between RSVP, Birmingham Law Centre, ASIRT and the Medical Foundation for the Care of Victims of Torture.**

The project provides free counselling for traumatised asylum-seekers and refugees.

RSVP offers one-to-one counselling sessions on a weekly basis to individuals. After an initial assessment at RSVP offices clients will then have a maximum of 24 counselling sessions based at the Medical Foundation for the Care of Victims of Torture.

### **How to refer asylum-seeker and refugee clients to Hope Counselling**

All referrals should go to

**RSVP on 0121 236 5763**

RSVP welcomes self-referrals or referrals from other agencies.