

# RSVP

## Free Counselling and Support Services for Female Asylum Seekers & Refugees

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The Rape and Sexual Violence Project (RSVP) offers a free and confidential counselling service to female asylum seekers and refugees who are survivors of war, rape, sexual violence and torture. This includes women with no recourse to public funds. Interpreters will be available in the sessions if required. RSVP is based in Birmingham City Centre, in premises which are easy to find.

Anything discussed will be in the strictest confidence and no information will be shared with any other agency without your consent unless it involves matters of Child Protection or causing serious harm to yourself or others.

**Through a qualified counsellor and support worker we can offer help and support with:**

- **Emotional support after sexual violence and torture**
- **Community language needs**
- **Settling into the Country**
- **Housing**
- **Benefits**
- **Isolation**
- **Partners, children, family or friends who may also need to talk**

**We Offer:**

- **A free and confidential counselling and support service**
- **Up to twenty four counselling sessions**

This is not a comprehensive list. We hope we can help with anything that arises and hope this helps you gain an understanding of what our service can offer.

Please contact **Anjella Darcy Project, Manager** or **Sharon Kaur, Counsellor** for an informal discussion or to make an appointment on **0121 236 5763 (Office)**

**These services have been funded by Comic Relief**

RSVP STRIVES TO BE AN EQUAL  
OPPORTUNITIES ORGANISATION  
Registered Charity No. 508669

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